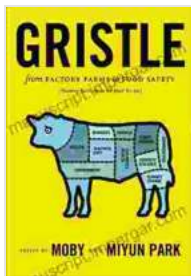


# Gristle: From Factory Farms to Food Safety

## About the Book

In *Gristle: From Factory Farms to Food Safety*, award-winning investigative journalist and author Joel Salatin uncovers the hidden dangers of factory farming and its impact on our health and environment.



## Gristle: From Factory Farms to Food Safety by Moby

★★★★☆ 4.3 out of 5

Language : English

File size : 26259 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Lending : Enabled

Print length : 145 pages

Screen Reader : Supported



Factory farming is a system of industrial agriculture that treats animals as commodities, raising them in overcrowded and unsanitary conditions. This system has been linked to a number of serious health problems, including:

- Antibiotic resistance
- Foodborne illness
- Obesity
- Cancer
- Environmental pollution

Salatin argues that factory farming is a threat to our public health and that we need to move towards a more sustainable and humane system of agriculture.

## Reviews

"*Gristle* is a must-read for anyone concerned about the safety of our food supply. Salatin's groundbreaking book exposes the hidden dangers of factory farming and its impact on our health." - **Marion Nestle, Professor of Nutrition, Food Studies, and Public Health, New York University**

"Salatin's writing is clear, concise, and engaging. He provides a wealth of evidence to support his claims, and he does so in a way that is both accessible and persuasive." - **Michael Pollan, author of *The Omnivore's Dilemma* and *In Defense of Food***

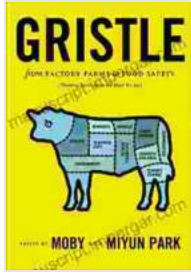
"*Gristle* is a powerful indictment of factory farming and a call to action for a more sustainable and humane food system." - **Wenonah Hauter, Executive Director, Food & Water Watch**

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You can Free Download your copy of *Gristle: From Factory Farms to Food Safety* today from Our Book Library, Barnes & Noble, or your local bookstore.

## About the Author

Joel Salatin is a farmer, author, and lecturer. He is the owner of Polyface Farms, a diversified, grass-based farm in Virginia's Shenandoah Valley. Salatin is a leading advocate for sustainable agriculture and has written extensively about the dangers of factory farming.



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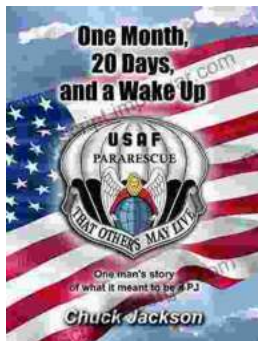
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