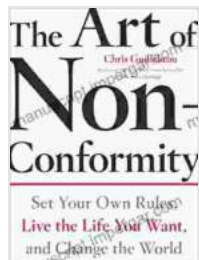


Set Your Own Rules: Live the Life You Want and Change the World



The Art of Non-Conformity: Set Your Own Rules, Live the Life You Want, and Change the World (Perigee Book.) by Chris Guillebeau

★★★★☆ 4.4 out of 5

Language : English
File size : 1162 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 257 pages

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A Game-Changing Solution for
When You Have Too Much to Do
(and More Life to Live)

FAIR PLAY



Eve Rodsky

By Eve Rodsky

In her groundbreaking book, *Set Your Own Rules*, author and entrepreneur Eve Rodsky empowers readers to take control of their lives and create the change they want to see in the world. Drawing on her own personal journey of breaking free from societal expectations and creating a life that is

authentic and fulfilling, Rodsky provides practical tools and exercises to help readers develop their own set of rules for life.

Rodsky argues that we are all born with the potential to create a life that is true to ourselves. However, we are often held back by our own fears, doubts, and limiting beliefs. *Set Your Own Rules* helps readers identify and overcome these obstacles, so that they can live the life they were meant to live.

The book is divided into three parts. The first part, "Know Your Worth," helps readers identify their values and priorities. The second part, "Create Your Own Rules," provides tools and exercises for developing a personal code of conduct. The third part, "Change the World," shows readers how to use their own rules to make a positive impact on the world.

Set Your Own Rules is a powerful and inspiring book that will help readers take control of their lives and create the change they want to see in the world. Rodsky's wisdom, wit, and personal stories make this book a must-read for anyone who wants to live a life that is authentic, fulfilling, and meaningful.

Reviews

"Set Your Own Rules is a must-read for anyone who wants to live a life that is true to themselves. Eve Rodsky's wisdom, wit, and personal stories will inspire you to break free from societal expectations and create a life that is authentic, fulfilling, and meaningful."

- Arianna Huffington, founder and CEO of Thrive Global

"Set Your Own Rules is a powerful and inspiring book that will help you take control of your life and create the change you want to see in the world. Eve Rodsky's practical tools and exercises will help you identify your values and priorities, create your own rules for life, and make a positive impact on the world."

- Brené Brown, author of *Daring Greatly* and *Rising Strong*

"Set Your Own Rules is a game-changer. Eve Rodsky's book will help you break free from the expectations of others and create a life that is uniquely your own. I highly recommend this book to anyone who wants to live a life that is authentic, fulfilling, and meaningful."

- Oprah Winfrey

About the Author

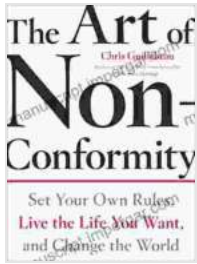
Eve Rodsky is an author, entrepreneur, and speaker. She is the founder of the Fair Play Movement, a global initiative to create more equitable division of labor in the home. Rodsky's work has been featured in The New York Times, The Wall Street Journal, and The Today Show. She is the author of the bestselling book *Fair Play*.

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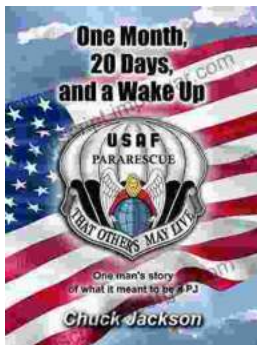
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